

UW HEALTH JOB DESCRIPTION

Clinical Massage Therapist

Job Code: 930005

FLSA Status: Exempt

Mgt. Approval:

Date:

Department : UW Health Research Park Clinic

HR Approval: CMW

Date: 2-15

JOB SUMMARY

The Clinical Massage Therapist provides services of both a Registered Massage Therapist and Athletic Trainer (RMT/ATC) for the University of Wisconsin Sports Medicine Program. The incumbent works with Physical Therapy, Athletic Training, Sports Medicine fitness center and Sports Medicine and Spine Medical staffs to provide preventive and therapeutic massage and/or athletic training services for patients and clients.

In conjunction with the Mindfulness Center Manager, the Clinical Massage Therapist will assist in the development of a sports medicine massage program utilizing principles of both Massage Therapy and Athletic Training. This is a new program within the UWHC system and is expected to grow over the next several years. Thus, the incumbent will be expected to assist in the development of the initiatives, protocols and rates for the program as well as prepare the budget, oversee program development, promote programs and services, and coordinate and integrate activities with other departments.

The Clinical Massage Therapist will provide educational in-service programs and seeks opportunities for collaborative research with Fitness Center, Athletic Training and Physical Therapy staff. In addition, the incumbent will coordinate training opportunities for massage therapy interns.

The Clinical Massage Therapist works under the general supervision of the Fitness Center Manager.

MAJOR RESPONSIBILITIES

Technical Skill: Incumbent performs his/her job demonstrating technical ability, understanding of job expectations and compliance with organizational policies and procedures. The incumbent performs the following job responsibilities:

A. Clinical Massage Program Development

1. Works with program managers in the Research Park facility and across the institution to develop program initiatives that encompass the many facets of sports medicine massage therapy.
2. In conjunction with the manager of the Mindfulness Center, develops program initiatives that will lead to the development of an institution wide complementary medicine program.
3. Provides educational in-service programs for Fitness Center, Athletic Training and Physical Therapy staff.
4. Coordinates training opportunities for massage therapy interns.
5. Develops and implements community educational activities.

B. Administrative Responsibilities:

1. In conjunction with Fiscal Affairs, sets rates that are consistent with the local market and will ensure financial viability for the program.
2. Ensures that fees are collected in a timely manner and that appropriate cash handling procedures are in place.
3. Coordinates with appropriate Clinic Managers use of space and supplies.
4. Assists in the Fitness Center Manager in the development of an annual budget for clinical massage program.
5. Educates insurance companies and other providers of the value of massage therapy in an effort to gain third party reimbursement.

C. Utilizing knowledge of Athletic Training and Massage Therapy principles administer a variety of preventive and therapeutic massage techniques.

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1. Provides a safe, comfortable and appropriate environment, consistent with the standards of care for massage therapists, to administer the sports medicine massage.
2. Works with appropriate reception desk in scheduling patients and clients in a timely manner.
3. In conjunction with the medical and allied health staff, develops appropriate massage therapy protocols for the various patient and client populations that make up the sports medicine spine program and UW Division of Intercollegiate Athletics programs.

D. Provide Athletic Training Services in Sports Medicine Clinic.

1. Takes patient history including physical examination and evaluation.
2. Develops appropriate patient treatment plan.
3. Presents patient to attending staff physician.
4. Dictates clinic visit notes.
5. Orders diagnostic tests.
6. Assists in patient education.
7. Completes referral forms.
8. Supervises/mentors student athletic trainers.

E. Sports Medicine Outreach Education

1. Represents the Sports Medicine Center at community education events and public relations events.
2. Guest lectures in high school and college classrooms on sports massage.
3. Offers sports massage expertise to other state and service organizations (ie Wisconsin Department of Public Instruction and Wisconsin Interscholastic Athletic Assoc.)
4. Writes articles for newsletters.

ALL DUTIES AND REQUIREMENTS MUST BE PERFORMED CONSISTENT WITH THE UW HEALTH PERFORMANCE STANDARDS.

JOB REQUIREMENTS

Education	Minimum	<ul style="list-style-type: none"> • Bachelors degree in a health related field • Completion of a massage therapy program
	Preferred	Master's degree preferred
Work Experience	Minimum	<ul style="list-style-type: none"> • Minimum of three years related experience
	Preferred	Experience in public speaking and teaching
Licenses & Certifications	Minimum	<ul style="list-style-type: none"> • Certification by the National Athletic Trainers Association Board of Certification Inc. • Licensed, or eligible for license, as an Athletic Trainer in the State of Wisconsin. • Registered, or eligible for registry, as a Massage Therapist in the State of Wisconsin.
	Preferred	
Required Skills, Knowledge, and Abilities		<ul style="list-style-type: none"> • The incumbent will have skills in the following massage techniques: <ul style="list-style-type: none"> ○ Traditional Swedish massage ○ Russian massage ○ Trigger Point ○ Deep tissue massage ○ Acupressure • Excellent interpersonal and communication (verbal and written) skills

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AGE SPECIFIC COMPETENCY (Clinical jobs only)			
Identify age-specific competencies for direct and indirect patient care providers who regularly assess, manage and treat patients.			
Instructions: Indicate the age groups of patients served either by direct or indirect patient care by checking the appropriate boxes below. Next,			
	Infants (Birth – 11 months)	<input checked="" type="checkbox"/>	Adolescent (13 – 19 years)
<input checked="" type="checkbox"/>	Toddlers (1 – 3 years)	<input checked="" type="checkbox"/>	Young Adult (20 – 40 years)
<input checked="" type="checkbox"/>	Preschool (4 – 5 years)	<input checked="" type="checkbox"/>	Middle Adult (41 – 65 years)
<input checked="" type="checkbox"/>	School Age (6 – 12 years)	<input checked="" type="checkbox"/>	Older Adult (Over 65 years)
JOB FUNCTIONS			
Review the employee's job description and identify each essential function that is performed differently based on the age group of the patient.			
PHYSICAL REQUIREMENTS			
Indicate the appropriate physical requirements of this job in the course of a shift. <i>Note: reasonable accommodations may be made available for individuals with disabilities to perform the essential functions of this position.</i>			
Physical Demand Level	Occasional Up to 33% of the time	Frequent 34%-66% of the time	Constant 67%-100% of the time
Sedentary: Ability to lift up to 10 pounds maximum and occasionally lifting and/or carrying such articles as docket, ledgers and small tools. Although a sedentary job is defined as one, which involves sitting, a certain amount of walking and standing is often necessary in carrying out job duties. Jobs are sedentary if walking and standing are required only occasionally and other sedentary criteria are met.	Up to 10#	Negligible	Negligible
Light: Ability to lift up to 20 pounds maximum with frequent lifting and/or carrying of objects weighing up to 10 pounds. Even though the weight lifted may only be a negligible amount, a job is in this category when it requires walking or standing to a significant degree.	Up to 20#	Up to 10# or requires significant walking or standing, or requires pushing/pulling of arm/leg controls	Negligible or constant push/pull of items of negligible weight
<input checked="" type="checkbox"/> Medium: Ability to lift up to 50 pounds maximum with frequent lifting and/or carrying objects weighing up to 25 pounds.	20-50#	10-25#	Negligible-10#
Heavy: Ability to lift up to 100 pounds maximum with frequent lifting and/or carrying objects weighing up to 50 pounds.	50-100#	25-50#	10-20#
Very Heavy: Ability to lift over 100 pounds with frequent lifting and/or carrying objects weighing over 50 pounds.	Over 100#	Over 50#	Over 20#
List any other physical requirements or bona fide occupational qualifications:			

Note: The purpose of this document is to describe the general nature and level of work performed by personnel so classified; it is not intended to serve as an inclusive list of all responsibilities associated with this position.